

NutraStart® vanilla flavor

Meal Replacement Drink

- Contains only 170 low-carbohydrate calories per serving
- Provides balanced nutrition for healthy weight management
- Includes Transfer Factor E-XF™ immune system support
- Contains 18 grams of protein and 11 grams of dietary fiber per serving

What is NutraStart?

Healthy choices don't always come with the option for great taste... but this one does! NutraStart vanilla flavor health drink is packed with hearty health essentials like 11 grams of fiber, 18 grams of soy and whey protein, vitamins, minerals, and immune-boosting Transfer Factor E-XF.

PRIMARY SUPPORT:
Weight Management

SECONDARY SUPPORT:
Immune
Energy



DIRECTIONS: Add two (2) scoops of NutraStart to 8 oz of water. Blend or shake well until smooth and drink immediately.

Nutritional Facts

Serving Size: Two (2) scoops (52g)
Servings Per Container: 15

Amount Per Serving in 8 oz of water		
Calories 170	Calories from Fat 40	
		% Daily Value*
Total Fat 4.5 g		7%
Saturated Fat 1g		4%
Trans Fat 0 g		
Cholesterol 20 mg		7%
Sodium 260 mg		11%
Total Carbohydrate 24 g		8%
Dietary Fiber 11 g		43%
Sugars 3 g		
Protein 18 g		
Vitamin A 35%	•	Vitamin C 35%
Calcium 50%	•	Iron 45%
Vitamin D 35%	•	Vitamin E 35%
Thiamin 35%	•	Riboflavin 35%
Niacin 35%	•	Vitamin B6 35%
Folate 35%	•	Vitamin B12 35%
Biotin 35%	•	Pantothenic Acid 35%
Phosphorus 45%	•	Iodine 35%
Magnesium 35%	•	Zinc 35%
Copper 40%	•	Chloride 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	less than	65g	80g
Saturated Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Whey Protein Concentrate, Sunflower Oil Creamer (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Mono and Diglycerides, Dipotassium Phosphate, Tri-Calcium Phosphate, Soy Lecithin, Tocopherols), Polydextrose, Xylitol, Maltodextrin, Natural Vanilla Cream Flavor, Fructose, Soy Fiber, Vitamin and Mineral Blend (Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, Copper Gluconate, Vitamin E Acetate, Biotin, Niacinamide, Zinc Oxide, Vitamin A Acetate, Iron, Calcium Pantothenate, Cholecalciferol, Pyridoxine HCl, Thiamine Mononitrate, Riboflavin, Cyanocobalamin, Folic Acid, Potassium Iodide), Cellulose Gum, Stevia Leaf Extract, 4Life Transfer Factor® E-XF (Bovine Colostrum Filtrate and Powdered Egg Yolk), and Salt.

Ordering Information

Item # 28085 - 1 bag/15 servings (vanilla)
Item # 28086 - 12 for the price of 11 (vanilla)



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4Life
TOGETHER, BUILDING PEOPLE™

CONTAINS MILK, SOY AND EGG.
4Life Transfer Factor is protected by US patent 6,468,534 and 6,866,868, with other patents pending.

NutraStart® chocolate flavor

Meal Replacement Drink

- Contains only 160 low-carbohydrate calories per serving
- Provides balanced nutrition for healthy weight management
- Includes Transfer Factor E-XF™ immune system support
- Contains 18 grams of protein and 10 grams of dietary fiber per serving

What is NutraStart?

Healthy choices don't always come with the option for great taste... but this one does! NutraStart chocolate flavor health drink is packed with hearty health essentials like 10 grams of fiber, 18 grams of soy and whey protein, vitamins, minerals, and immune-boosting Transfer Factor E-XF.

PRIMARY SUPPORT:

Weight Management

SECONDARY SUPPORT:

Immune
Energy



DIRECTIONS: Add two (2) scoops of NutraStart to 8 oz of water. Blend or shake well until smooth and drink immediately.

Nutritional Facts

Serving Size: Two (2) scoops (51g)
Servings Per Container: 15

Amount Per Serving in 8 oz of water		Calories from Fat 40
Calories 160	% Daily Value*	
Total Fat 4.5 g		7%
Saturated Fat 1g		5%
Trans Fat 0 g		
Cholesterol 15 mg		5%
Sodium 240 mg		10%
Total Carbohydrate 23 g		8%
Dietary Fiber 10 g		40%
Sugars 3 g		
Protein 18 g		
Vitamin A 35%	•	Vitamin C 35%
Calcium 50%	•	Iron 45%
Vitamin D 35%	•	Vitamin E 35%
Thiamin 35%	•	Riboflavin 35%
Niacin 35%	•	Vitamin B6 35%
Folate 35%	•	Vitamin B12 35%
Biotin 35%	•	Pantothenic Acid 35%
Phosphorus 45%	•	Iodine 35%
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Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Whey Protein Concentrate, Sunflower Oil Creamer (High Oleic Sunflower Oil, Corn Syrup Solids Sodium Caseinate (a milk derivative) Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Polydextrose, Xylitol, Cocoa powder (processed with alkali), Maltodextrin, Fructose, Soy Fiber, Natural Cocoa Flavors, Vitamin and Mineral Blend (Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, Copper Gluconate, Vitamin E Acetate, Biotin, Niacinamide, Zinc Oxide, Vitamin A Acetate, Iron, Calcium Pantothenate, Cholecalciferol, Pyridoxine HCl, Thiamine Mononitrate, Riboflavin, Cyanocobalamin, Folic Acid, Potassium Iodide), Cellulose Gum, Stevia Extract, 4Life Transfer Factor® E-XF (Bovine Colostrum Filtrate and Powdered Egg Yolk), Salt, Silicon Dioxide and Dextrose.

Ordering Information

Item # 28087 - 1 bag/15 servings (chocolate)
Item # 28088 - 12 for the price of 11 (chocolate)

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