4LIFE[®] PRODUCT CATALOG

[U.S. VERSION] www.4vidas.com - info@4vidas.com - 4Life Distributor 6211462

ALIFE TRANSFER FACTOR PLUS'

4Life

TRI-FACTOR FORMULA

DIFTART

TOGETHER, BUILDING PEOPLE®





WELCOME TO 4LIFE®

ore than 15 years ago, we came across the remarkable scientific finding of transfer factors. After experiencing the energizing immune system support of these information-packed molecules ourselves, our passion grew, and we knew we would spend the rest of our lives sharing it with others.* Today, with the help of our outstanding research and development team, along with input from our distinguished Health Sciences Advisory Board, our original finding has developed into one of the most revolutionary immune system support ingredients available, 4Life Transfer Factor[®].* Our progress has solidified 4Life as *the* Immune System Company worldwide and served as the springboard for Transferceutical[®] Science.*

No matter what your age, or where you're from, we have a certified 4Life Transfer Factor product that's just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that *immune education* can have on your personal health.* Complemented by a wide range of additional supplements to meet your personal skin care, health care, oral care, and even animal care needs, we are confident that 4Life products will make immune system and overall wellness support something you'll look forward to every day.*

Sincerely,

Bience P. Lisonbe

David and Bianca Lisonbee 4Life Founders



Science at its Best

At 4Life, we've dedicated over a decade to researching and developing innovative 4Life Transfer Factor® products and our commitment has paid off. Transfer factors aren't simply nutrients; they provide knowledge to your body's immune system—supporting its natural ability to know what to do when challenged with health threats.*

Further advancing our position as a world leader in Transferceutical® Science, 4Life is set apart by our in-house Research and Development team, as well as the supporting expertise of a professional board of medical professionals, immunologists, nutritionists, and researchers, known as the Health Sciences Advisory Board (HSAB). Each of our scientific leaders is dedicated to the continued advancement of Transferceutical Science because of the positive impact we continue to see in people's lives.

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CERTIFIED, CONCENTRATED 4LIFE TRANSFER FACTOR®





- One-of-a-kind, custom bottle design, just like our innovative formulations
- Custom packaging creates brand awareness and helps 4Life[®] products visually stand out in the crowd
- New look coming soon to Targeted Transfer Factor® products as well



CERTIFIED, CONCENTRATED 4LIFE TRANSFER FACTOR®

NEW CERTIFICATION

4Life Transfer Factor products are now certified and guaranteed!

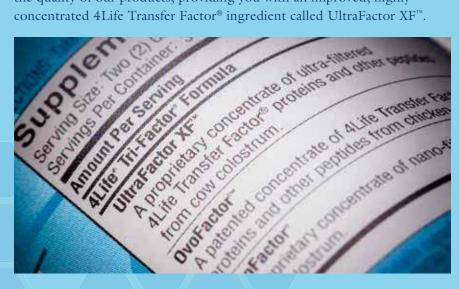
At 4Life, we certify all 4Life Transfer Factor® products. We pledge to uphold the highest standards of product design and manufacturing for every product we sell. We will always strive to create products of the utmost quality and efficacy. When you purchase 4Life Transfer Factor products, you can rest assured that you're getting the very best. In fact, we guarantee it.

Read the entire Certified 4Life Transfer Factor Guarantee at 4Life.com



NEW FORMULA

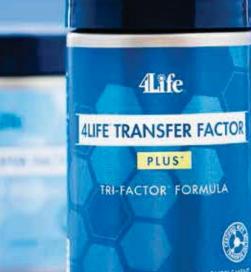
Through technological advancements, 4Life and its manufacturing partners have improved the process for obtaining 4Life Transfer Factor® from cow colostrum. This new proprietary process advances the quality of our products, providing you with an improved, highly concentrated 4Life Transfer Factor® ingredient called UltraFactor XF[™].



- UltraFactor XF[™] is a concentrated and proprietary combination of ultra-filtered 4Life Transfer Factor proteins and other peptides from cow colostrum.
- OvoFactor[™] is a patented concentration of 4Life Transfer Factor proteins and other peptides from chicken egg yolk.
- NanoFactor[®] is a proprietary concentration of nano-filtered cow colostrum.

4LIFE TRANSFER FACTOR® LEADING THE WAY IN TRANSFERCEUTICAL® SCIENCE

4Life's commitment to transfer factor research and optimal immune system function has propelled our scientific team along a legacy of discovery that has progressively raised the standard for modern-day immune system supplementation.* Today, 4Life's family of Transferceutical products provide an unparalleled source of immune system support for people around the world.*



DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTR

NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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This product information is approved for distribution only in the United





4LIFE® TRANSFER FACTOR PLUS® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness This top seller combines certified 4Life Transfer Factor and additional support ingredients to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts Natural Killer (NK) cell activity by up to $437\%^\dagger$
- Includes Cordyvant[™], a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™] now 25% more concentrated!

4LIFE TRANSFER FACTOR® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness Foundational immune system support to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts Natural Killer (NK) cell activity by up to 283%[†]
- Contains 600 milligrams of 4Life Transfer Factor® per serving, the highest amount in 4Life products
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™] now 25% more concentrated!

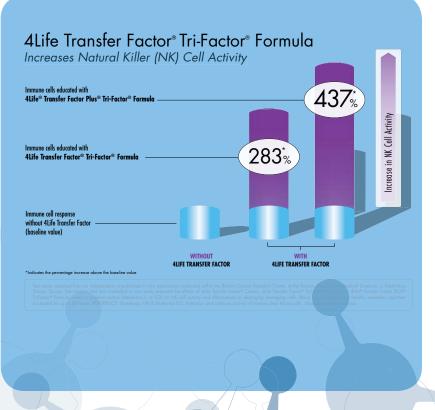
† Refer to Natural Killer Cell graph and additional preliminary scientific tests



4LIFE TRANSFER FACTOR® CHEWABLE TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness A great-tasting chewable citrus-cream tablet to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats.*
- Provides a great option for those who prefer not to swallow capsules
- Delights kids and adults alike with great citrus-cream flavor
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™] now 25% more concentrated!



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WWW.4LIFE.COM

4LIFE TRANSFER FACTOR® RIOVIDA® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness

SECONDARY SUPPORT: Brain Health, Heart Health, Energy

The first and only Transfer Factor drink in the world, with added antioxidant energizers*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Includes a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Contains essential and supporting vitamins, minerals, amino acids, fatty acids, and polyphenols
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™]—now 25% more concentrated



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4LIFE TRANSFER FACTOR® RIOVIDA BURST® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness

SECONDARY SUPPORT: Brain Health, Heart Health, Energy RioVida Burst® provides the immune system goodness of RioVida® juice, conveniently packaged in a smooth and delicious edible gel blend*

- A delicious, on-the-go source of essential and supporting vitamins, minerals, amino acids, fatty acids, and polyphenols
- Each convenient, single-serve packet contains a full serving of 4Life® Tri-Factor® Formula, and a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Easy to share

DISTARY SUPPLIEMENT

 Contains certified 4Life Transfer Factor, with UltraFactor XF[™] now 25% more concentrated

NEW! 4LIFE TRANSFER FACTOR® RIOVIDA STIX[™] TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant

4Life Transfer Factor® RioVida Stix™ provides the immune system goodness of RioVida juice in a portable powder pack.*

- Supports the immune system with 600 mg of 4Life Transfer Factor®*
- Provides essential antioxidants from açai, pomegranate, and blueberry*
- Replenishes electrolytes to support nerve and muscle function*
- Portable and easy to share
- No artificial sweeteners, flavors, or preservatives
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™]—now 25% more concentrated!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ALIFE TRANSFER FACTOR

IMMUNE • ANTIOXIDANTS • ELECTROLYTES •

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TRANSFERCEUTICAL® PRODUCTS

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4LIFE TRANSFER FACTOR® IMMUNE SPRAY

PRIMARY SUPPORT: Immune System Soothing mouth and throat spray that combines UltraFactor XF[™] and NanoFactor[®] with colloidal silver, zinc, and more. Just spray and swallow!

 $\bullet \bullet \bullet \bullet \bullet \bullet \bullet \bullet \bullet$

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats $\!\!\!\!*$
- Soothes the mouth and throat with aloe vera and marshmallow*
- Available in fresh mint or orange flavor
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™]—now 25% more concentrated



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4LIFE TRANSFER FACTOR® RENEWALL[™]

PRIMARY SUPPORT: Skin Health & Beauty SECONDARY SUPPORT: Healthy Aging Soothing skin gel with UltraFactor XF™

- Combines UltraFactor XF™ with herbs such as aloe vera, rosemary, and chamomile
- Paraben Free



4LIFE TRANSFER FACTOR® CLASSIC

PRIMARY SUPPORT: Immune System, Overall Wellness 4Life's original cow colostrum-derived 4Life Transfer Factor® product for daily immune system support*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts Natural Killer (NK) cell activity by up to 204%* (see study on page 9)
- Contains certified 4Life Transfer Factor, with UltraFactor XF™—now 25% more concentrated



PRIMARY SUPPORT: Immune System, Multivitamin & Mineral, Overall Wellness

Chewable serving of 4Life Transfer Factor® combined with vitamins and minerals

- for a child's growing body
- Comes in fun, animal-shaped chewable tablets
- Contains certified 4Life Transfer Factor, with UltraFactor XF™—now 25% more concentrated



DID YOU KNOW? 4LIFE TRANSFER FACTOR®

DISCOVERY

- Dr. H. Sherwood Lawrence discovered transfer factor molecules in 1949.
- 4Life Founder and CEO David Lisonbee learned about transfer factors as part of his on-going personal health research.
- 4Life secured the exclusive rights to patent (U.S.# 4,816,563), and later secured patents (U.S.# 6,866,868 and U.S.# 7,815,943) that protect the process and use of transfer factors derived from colostrum ("first milk") and eggs.

DESCRIPTION

 Transfer factors are tiny messenger molecules composed of amino acids (i.e., transfer factors are a unique category of bioactive peptide), that transfer immune memory from an experienced immune system "donor" to a less experienced recipient immune system.*

BENEFITS

- Transfer factors support the immune system's natural ability to recognize, respond to, and remember potential threats.*
- Transfer factors may boost or balance the immune system response to a potential threat.*
- 4Life® Transfer Factor Plus® Tri-Factor® Formula has been shown to increase Natural Killer (NK) cell activity by up to 437%.*[†]
- Promotes healthy T-cell and B-cell function.*

[†] please see chart on page 9

FORTIFY YOUR DEFENSES!

Results from an open-label, beta-test experiment showed that 4Life Transfer Factor® Tri-Factor® Formula effectively helped strengthen the immune system in **100%** of the people tested.*



Immunoglobulin A (IgA) test results obtained from a preliminary, open-label study on 21 reportedly healthy adults. Participants took 4Life Transfer Factor[®] Tri-Factor[®] Formula for two weeks, followed by 4Life Transfer Factor[®] RioVida[®] Tri-Factor[®] Formula, "One hundred percent of participants saw an increase in the production rate of solivary secretory IgA by an average of 73% after taking 4Life Transfer Factor products for four weeks, when compared to the one-week baseline. A brief drop occurred at the transition between the two products. (Bennett RH et al. Salivary IgA in healthy adults is increased by dietary Transfer Factors: An open-label, cross-over study. Unpublished observations.) TRANSFERCEUTICAL® PRODUCTS





RITESTART®, a 4Life top-seller, contains essential vitamin and mineral building blocks for good nutrition and the added advantage of 4Life® Transfer Factor Plus® Tri-Factor® Formula immune system support.* With essential fatty acids (including Omega 3's and 6's), a complex blend of antioxidants, and hormone support formulated specifically for males or females, these convenient packets make daily supplementation simple and stress-free.*

Named for the exact purpose it provides... a *rite start* for your day, for your health, and for your life... 4Life's RiteStart is designed to help you look and feel great, and have the energy and specific health support you need to enjoy an active, healthy life.*

Enjoy RiteStart Men and RiteStart Women in convenient 30-count boxes, and at a low price that makes it easy to mix and match the right products for your family.

RITESTART® WOMEN

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Joint & Bone Health, Overall Wellness

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health

Throughout her entire life, it's vital that a woman protects her health.* It's important to ensure that optimal energy levels, immune and cardiovascular system support, and hormonal balance is supported each day.* Good health contributes to a good life.

TAKE RITESTART EVERY DAY FOR:

- Immune system building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula*
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™]—now 25% more concentrated
- Specific female system support*
- Joint & Bone health support*
- Skin health support*
- A unique blend of antioxidants
- Cardiovascular and circulatory support*
- Healthy hormonal balance support*
- Vision and eye health support*

NOW ONLY AVAILABLE IN A 30-COUNT BOX FOR ADDED FLEXIBILITY! SUGGESTED SERVING, 2 PACKETS PER DAY.

RITESTART® MEN

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Joint & Bone Health, Overall Wellness

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health

Look and feel your best while achieving greater energy with RiteStart® Men.* This all-in-one nutritional pack provides what your body needs for greater performance, stamina, and health.*

TAKE RITESTART EVERY DAY FOR:

- Immune system building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula*
- Contains certified 4Life Transfer Factor, with UltraFactor XF[™]—now 25% more concentrated
- Specific male system support*
- Joint & Bone health support*
- Skin health support*
- A unique blend of antioxidants
- Cardiovascular and circulatory support*
- Vision and eye health support*

NOW ONLY AVAILABLE IN A 30-COUNT BOX FOR ADDED FLEXIBILITY! SUGGESTED SERVING, 2 PACKETS PER DAY.

TARGETED TRANSFER FACTOR®

FOCUSED SUPPORT FOR YOUR BODY'S NEEDS

Targeted Transfer Factor products combine the immune system benefits of 4Life's Transferceutical[®] ingredients with additional systemspecific nutrients to provide a more focused and personal level of health support.*



4LIFE TRANSFER FACTOR VISTA®

PRIMARY SUPPORT: Eye Health

SECONDARY SUPPORT: Immune System, Antioxidant

Targeted support for optimal vision performance and eye health $\!\!\!\!\!\!*$

- Maintains visual acuity and sharpness*
- Includes ingredients to help reduce the oxidative effects of the sun or of excessive blue light exposure on the macula of the eves*
- Promotes healthy eye function*
- Supports the ability to adapt to varying light conditions*



NEW! AVAILABLE JANUARY 15, 2014! 4LIFE TRANSFER FACTOR RENUVO

PRIMARY SUPPORT: Immune System Support, Anti-Aging, Antioxidant, Overall Wellness

4Life Transfer Factor Renuvo[™] is formulated to promote a youthful and healthy response to the inflammatory stresses of life, such as poor dietary habits, exercise, or aging that kicks your body out of balance.* Normally, inflammation is a healthy response to a stressful assault on a cell. It's the calling of the guard to combat a stressful affront. However, responded to improperly or left out of control, the inflammatory effects on a cell (and globally, on your body) can become problematic.

The ingredients in 4Life Transfer Factor Renuvo synergistically combine to help counteract the telltale signs of aging and more quickly recover from the physiological damage that comes from living in the modern world.*



PRIMARY SUPPORT: Urinary Health

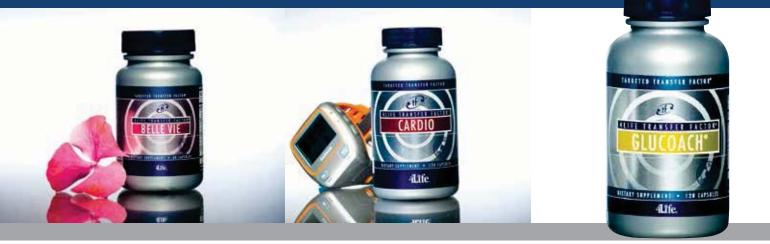
SECONDARY SUPPORT: Immune System, Antioxidant, Cleansing & Detox

A targeted formula for both men and women to support the urinary tract—the kidneys and the bladder*

- Features certified 4Life Transfer Factor® which educates immune cells and provides support for healthy urinary tract and kidneys*
- Supports the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose*
- Supports healthy kidney and urinary tract function with the addition of dandelion leaf, juniper berry, chanca piedra, varuna, IP-6, and a pH balancing blend*



TRANSFERCEUTICAL® PRODUCTS



4LIFE TRANSFER FACTOR® BELLE VIE®

PRIMARY SUPPORT: Female Health, Healthy Aging

SECONDARY SUPPORT: Immune System, Antioxidant

Targeted support for superior female reproductive and breast health*

- Features certified 4Life Transfer Factor®, strengthening the body's natural immune response to promote healthy cell growth and function*
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the body's detoxification process*
- Promotes overall feminine reproductive health*

4LIFE TRANSFER FACTOR® CARDIO

PRIMARY SUPPORT: Heart Health, Energy

SECONDARY SUPPORT: Immune System, Antioxidant

A heart-healthy combo of 4Life Transfer Factor®, and over 18 vitamins, minerals, and antioxidants*

- Features certified 4Life Transfer Factor[®] which helps educate immune cells*
- Provides support for a healthy heart and proper cardiovascular function*
- Supports healthy cholesterol levels already in the normal range*
- Contains a proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, red rice yeast extract, and ginger oil

4LIFE TRANSFER FACTOR® GLUCOACH®

PRIMARY SUPPORT: Glucose Metabolism, Weight Management

SECONDARY SUPPORT: Immune System, Antioxidant, Energy

Targeted for the endocrine and metabolic systems*

- Targets the superior immune-enhancing benefits of certified 4Life Transfer Factor® and offers direct support for the metabolic and endocrine systems*
- Includes minerals, herbs, and phytonutrients to support healthy hormone production, healthy glucose tolerance, and promote pancreatic health*





4LIFE® NANOFACTOR® GLUTAMINE PRIME®

PRIMARY SUPPORT: Immune System, Overall Wellness

SECONDARY SUPPORT: Energy, Antioxidant, Digestive Health Rich energy source that helps fuel immune cell activity and provide the building blocks of the important antioxidant glutathione*

- Supplies fuel to immune cells with the important amino acid glutamine*
- Enhances communication between immune cells with 4Life's exclusive NanoFactor® extract for a more coordinated immune response when under stress*
- Provides synergistic immune support when taken with any 4Life Transfer Factor product*

4LIFE TRANSFER FACTOR® MALEPRO®

PRIMARY SUPPORT: Male Health

SECONDARY SUPPORT: Immune System, Antioxidant

Targeted support for optimal prostate health*

- Features certified 4Life Transfer Factor® to support immunity at the cellular level
- Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health*

4LIFE TRANSFER FACTOR® RECALL®

PRIMARY SUPPORT: Brain Health

SECONDARY SUPPORT: Immune System, Aging, Heart Health

Targeted brain support for optimal mental functioning*

- Features certified 4Life Transfer Factor® and other ingredients to lend important support to the brain and central nervous system*
- Promotes healthy brain function and blood circulation*
- Contains proven ingredients to support brain health like vinpocetine, huperzia serrata, glycerolphosphocholine, bacopa monnieri, and ginkgo biloba*

enummi[®] BATH AND BODY

FORTIFY SKIN WITH ALL-OVER BODY MOISTURIZING



MOREN VIOLENT

dLife

INTENSIVE BODY LOTION

enumm

dife

enummi[®] LITE BODY LOTION

4Life's Lite formula body lotion for humid climates

- Contains 4Life Transfer Factor UltraFactor XF[™] and OvoFactor[™]
- Specially formulated for humid climates
- Contains white tea to protect your skin from the elements
- Provides a complex range of vitamins, minerals, and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

enummi[®] INTENSIVE BODY LOTION

4Life's original formula body lotion for dry climates

- \bullet Contains 4Life Transfer Factor UltraFactor XF^* and OvoFactor**
- Contains white tea to protect your skin from the elements
- Provides a complex range of minerals, and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

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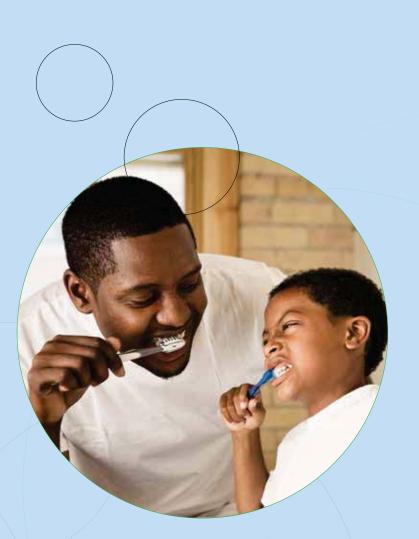
enummi[®] BATH AND BODY

A BRIGHTER HEALTHIER SMILE

enummi® TOOTHPASTE

enummi® Toothpaste is a gentle, fluoride-free formula that cleanses teeth without harsh, abrasive agents, freshens breath, and safely whitens for a cleaner, brighter smile. This great-tasting formula contains a refreshing mint flavor and no sugar.

- Dissolves food film for a clean, bright smile
- Freshens breath



enumni with ALife Transfer Factor*

TOOTHPASTE

4Life

enummi[®] SKIN CARE

THE BEAUTY OF SCIENCE

enummi[®] Skin Care is the only complete skin care system that includes 4Life Transfer Factor[®]. Each product is packed with natural botanicals, antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.



In four simple steps cleanse, tone, target, and moisturize to reveal your most vibrant and luminous complexion.

Step 1: Cleanse

enummi[®] GENTLE FACIAL CLEANSER

Gently washes away dirt, makeup, and debriswithout stripping your skin of natural moisture-for a fresh, clean complexion.

- Features herbal extracts and vitamins to hydrate and replenish while cleansing
- Includes a botanical blend to make daily care a soothing ritual
- · Gently cleanses to help maintain fresh, soft skin

Step 2: Tone

enummi[®] REFRESHING TONER

Nourishes your skin with vitamins, antioxidants, and vital moisture to bring your skin into balance and prepare it for nutrient-rich treatments.

- · Fortifies skin with natural humectants to retain hydration and moisture
- Restores pH balance and clears impurities and dead skin cells from the skin
- Promotes a smooth, fresh, and radiant complexion
- Contains 4Life Transfer Factor[®] with UltraFactor XF™

Step 3: Target

enummi[®] LIFE C ENERGIZING SERUM[®]

Combines vitamin C and other botanicals to help improve texture and luminosity, diminish the appearance of age spots, and give skin the protection it needs.

- Helps brighten skin, improve overall skin tone, and diminish the appearance of age spots with vitamin C and other botanicals
- Provides skin with beneficial antioxidants to defend against the elements
- Energizes tired skin for a more luminous complexion
- Contains 4Life Transfer Factor[®] with UltraFactor XF[™] and OvoFactor"

enummi[®] RESTORING EYE CREAM

Reduces the appearance of dark circles, puffiness, fine lines, and wrinkles, while protecting the delicate under-eye area for a brighter eye and smooth appearance.

- Provides superior moisturizing and skin softening benefits with emollients and deep moisturizing ingredients
- Helps combat dark circles around the eyes with peptides that
- reduce the appearance of puffiness, fine lines, and wrinkles stores vital nutrients with amino acids
- Contains 4Life Transfer Factor[®] with UltraFactor XF[™] and OvoFactor"

Step 4: Moisturize & Protect enummi[®] **PROTECTIVE DAY** MOISTURIZER

SPF 15 provides important protection, while nutrients and antioxidants create a moisture barrier to leave your skin hydrated, nourished, and protected.

- Defends with certified SPF/15 broad spectrum sun protection
- Provides hydration and creates a moisture barrie
- · Provides antioxidants to the skin for excellent protection
- Contains 4Life Transfer Factor[®] with UltraFactor XF[™] and OvoFactor"

enummi® NIGHT RECOVERY CREAM

Works hard while you sleep to rejuvenate, retain moisture, and reduce the signs of aging so you can wake up to a refreshed and luminous complexion.

- Includes a moisture-rich complex that provides hydration and humectants to help skin retain its natural moisture barrier
- · Fortifies the skin against environmental stresses with powerful antioxidants
- Rejuvenates and improves skin's radiance while you sleep
- Contains 4Life Transfer Factor[®] with UltraFactor XF[™] and OvoFactor[®]

System & Sets

enummi[®] SKIN CARE SYSTEM Best Value! (contains all 6 products)

enummi[®] MEN'S ESSENTIALS SET

(contains cleanser, day moisturizer, night cream)

enummi[®] SKIN CARE SAMPLE SET/5PK

(contains a one-time use of all 6 products)

enummi[®] advanced

SKIN CARE INSPIRED BY NATURE'S INTELLIGENCE

PRIMARY SUPPORT: Precision-Strength Skin Care*

SECONDARY SUPPORT: Complexion health and beauty

The enummi[®] advanced product trio joins forces with you to help confront the appearance of complexion aging and reveal smoother, more luminous, and younger-looking skin.

Get started today with three easy steps.





Step 1: Resurface and Refresh

enummi[®] advanced RENEWING SERUM

enummi advanced Renewing Serum glides gracefully over skin, deploying precision-strength glycolic acid and other powerful nature-derived ingredients to help resurface, refresh, and return skin to a more radiant and youthful appearance.

- Features 4Life Transfer Factor[®] (UltraFactor[™] and OvoFactor[™])
- Contains 10% glycolic acid, a highly effective Alpha Hydroxy Acid (AHA) that encourages surface turnover and gently resurfaces skin for a fresher, younger look
- Provides robust support against environmental aggressors
- Provides serious nighttime support, improving the appearance of skin surface smoothness, firmness, and brightness

Sunburn alert: This product contains an alpha hydroxy acid (AHA), which may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.



Step 2: Lavish and Soothe

enummi[®] advanced AMPLIFY HYDRATING CREAM

enummi advanced Amplify Hydrating Cream lavishes skin with rich, soothing, conditioning, and hydrating ingredients, infuses skin with nutrients, and diminishes the appearance of dull, uneven tone and color for a brighter, more healthy-looking complexion.

- Features 4Life Transfer Factor® (UltraFactor™ and OvoFactor™)
- Improves the appearance of fine lines, wrinkles, and imperfections
- Visibly reduces dull, uneven skin tone for a brighter, more luminous complexion
- Provides robust support against environmental stressors
- Restores moisture and nutrients for the amplified appearance of surface firmness and tautness



Step 3: Recover and Protect*

enummi[™] advanced SKIN RECOVERY* SUPPLEMENT

enummi advanced Skin Recovery* Supplement is a vital step of the enummi advanced Skin Care system, maximizing the rejuvenating potential of the topical treatments and supporting recovery from normal daily exposure (for skin tending toward daylight sensitivity and during phases of surface barrier compromise).* It also promotes skin's youthful and vibrant look from the inside out, and features 4Life Tri-Factor® Formula (UltraFactor™, OvoFactor™, and NanoFactor®.)*

- Provides immune system support. Skin is first line of defense*
- Supports increased moisture levels in skin's barrier from the inside out in as little time as three weeks*
- Supports skin's surface firmness and elasticity from the inside out in as little time as eight weeks*
- Significantly improves the appearance of skin lines and wrinkles in as little time as eight weeks*
- Supports skin's recovery from normal daily environmental exposure*



SHAPERITE® BY 4LIFE®

FIND YOUR RITE SHAPE

ShapeRite by 4Life products support the idea that every individual—no matter your genetics, body size, or goals—can find his or her own "rite shape" through a combination of exercise, healthy eating, and proper supplementation.

Maintaining a healthy weight can reap big dividends in terms of your overall health and quality of life. Learn how ShapeRite products can help you maintain a healthy weight and meet your lifestyle goals.



NUTRASTART®

PRIMARY SUPPORT: Weight Management SECONDARY SUPPORT: Immune System, Energy Low-fat, Iow-calorie meal replacement drink

- Provides a weight management option
- Provides balanced nutrition for healthy weight management
- Includes UltraFactor XF[™] and OvoFactor[™] immune
- system support
- Contains 18 grams of soy and whey protein per serving
- Available in vanilla and chocolate flavors

Achieve your healthy shape..



CARB BLX™

PRIMARY SUPPORT: Weight Management

Formula that helps reduce the amount of fat and carbohydrates your body absorbs*

- Features cassia nomame, an herb extract that helps inhibit the digestion of fat*
- Includes polyphenols and flavonols for potent antioxidant activity*
- Provides green tea to help promote natural fat burning, healthy mood, and energy levels, and overall weight management*

CATALYST® PLUS

PRIMARY SUPPORT: Weight Management

SECONDARY SUPPORT: Glucose Metabolism, Energy

TALYS

LUS

Formula for maintaining balanced glucose levels*

- Features gymnema sylvestre to help maintain healthy glucose metabolism*
- Includes lagerstroemia speciosa and momordica that also help support healthy glucose levels*
- Contains chromium to support healthy energy levels and aid weight management*

CHITOLITE®

PRIMARY SUPPORT: Weight Management

ITOLIT

- Fat-binding formula that discourages absorption of fat in the body*
- Supports weight management by binding fat through the power of chitosan*
- Features l-ascorbic acid, erythorbic acid, and aloe vera





CITRI-SHAPE®

PRIMARY SUPPORT: Weight Management

Non-thermogenic fruit extract that helps control appetite and support metabolism*

- Features Garcinia Cambogia which has been shown to inhibit fat storage and burn body fats as fuel*
- Includes a Vitamin B complex to promote healthy energy levels*
- Contains no artificial stimulants and is caffeine free



METABOLITE[™]

PRIMARY SUPPORT: Weight Management

Thyroid support to help promote a healthy metabolic rate and cellular efficiency*

- Features bladderwrack to nourish and promote a healthy functioning thyroid*
- Contains papaya and pineapple enzymes to support digestive function*
- Includes a wide spectrum of phytonutrients from spirulina and sage that nourish cells*



REZOOM®

PRIMARY SUPPORT: Energy

SECONDARY SUPPORT: Overall Wellness

Liquid energy tonic with herbal extracts and vitamins to promote stamina, energy, and muscle tone*

- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters*
- Aids cardiovascular health through a complex of B vitamins*
- Ccn be used as part of a weight management program*

ENERG

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ENERGY GO STIX

PRIMARY SUPPORT: Energy

SECONDARY SUPPORT: Immune System, Weight Management

Energy supplement in ready-to-mix powder packs*

- Features an energy boost from a synergistic amino acid blend and yerba mate, green tea extract, and three forms of ginseng
- Includes UltraFactor XF[™] and OvoFactor[™] immune system support*
- Supports memory, alertness, and mood*
- Promotes healthy metabolism and weight management when accompanied by a sensible diet and exercise*
- Available in citrus and berry flavors

SHAPE-FAST ULTRA®

SECONDARY SUPPORT: Immune System, Energy This top-seller is a potent herbal blend that promotes thermogenesis, lean

- body mass, appetite control, and improved stamina*
- Contains ginseng and chromium to help maintain balanced glucose levels*

PRIMARY SUPPORT: Weight Management

- Includes UltraFactor XF[™] and OvoFactor[™] for immune system support*
- Includes guarana, ginseng, chromium, green tea, and cocoa-almond extract to help support healthy energy levels and stamina*



NERGY

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Dietary Supplement

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GENERAL HEALTH AND WELLNESS

Providing a strong foundation of support from healthy digestion, to powerful antioxidants and essential fatty acids, the 4Life General Health and Wellness products complement 4Life's Transferceutical[®] line and give you extensive health support that meets your body's varied needs.*



4LIFE FORTIFY® GOOD WORKS THROUGH GOOD NUTRITION

While many orphanages struggle to provide food for their children, even those who can manage it rarely supply the proper nutrition that is necessary to sustain a vibrant life. As part of our focus to foster longterm sustainable partnerships with orphanages and child care facilities around the world, 4Life[®] is proud to offer 4Life Fortify. As part of the General Health and Wellness line, distributors can donate 4Life Fortify and receive personal LP to further build their businesses.** Each bag purchased will be donated to children in need around the world using our partner, Feed the Children, a third-party distribution company.



4LIFE FORTIFY®

The 4Life Fortify[®] meal pack provides 24 greattasting child-sized meals. Each high-quality pack includes a meal of rice, lentils, and beans, along with a complete nutritional complex of vitamins and minerals, and 4Life Tri-Factor[®] Formula.

- Contains a full complex of vitamins and minerals
- Includes 4Life Tri-Factor® Formula
- Provides a protein-rich meal with the texture of a true meal, not simply porridge
- Provides proper nutrition for individuals of all ages, as well as a feeling of satiety
- Tastes great and can be enjoyed by different cultures worldwide

For donation through Feed the Children. Not for personal use.

**4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join our legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

TO SEE HOW WE'RE FEEDING HUNGRY CHILDREN AROUND THE WORLD, GO TO WWW.4LIFE.COM/SERVICE.

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GENERAL HEALTH & WELLNESS

BIOEFA™ WITH CLA

PRIMARY SUPPORT: Brain Health, Heart Health

SECONDARY SUPPORT: Weight Management, Overall Wellness

Essential fatty acids for healthy heart, brain, and respiratory function $\ensuremath{^{\ast}}$

- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes overall cardiovascular health and strong cell membranes*
- Contains CIA (conjugated linoleic acid) for cardiovascular and circulatory health*





ALOE VERA

PRIMARY SUPPORT: Digestive Health SECONDARY SUPPORT: Immune System, Overall Wellness Concentrated aloe vera juice for overall wellness

Overall general wellness tonic

• Features a proprietary harvesting process to retain optimal freshness



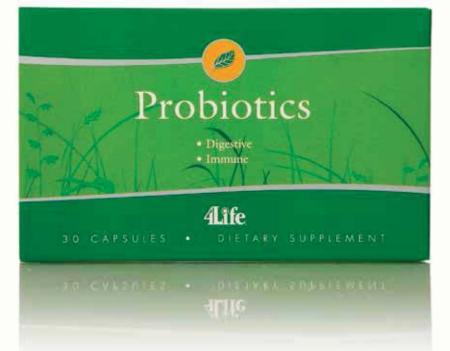
PROBIOTICS

PRIMARY SUPPORT: Digestive Health

SECONDARY SUPPORT: Immune System

Proprietary blend of five active probiotic strains for gastrointestinal health and digestive functions*

- Supports healthy digestive function*
- Promotes immune system wellness*
- \bullet Helps maintain healthy levels of "good" bacteria*





BIOGENISTEIN ULTRA®

PRIMARY SUPPORT: Female Support

SECONDARY SUPPORT: Sleep, Mood, & Stress Hormone and mood-balancing blend for basic female hormonal support*

- Contains soy isoflavones, black cohosh, and dong quai for female health support and healthy hormone levels*
- Supports positive mood with magnolia extract, L-theanine, and eleuthero extracts*
- Includes antioxidants from guercetin and tumeric



PRIMARY SUPPORT: Overall Wellness

SECONDARY SUPPORT: Antioxidant, Multivitamin & Mineral, Immune System

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Daily serving of nutrient-rich "greens" from whole plant sources

- Provides concentrated vitamins, minerals, and other phytonutrients
- Contains superfood concentrates from blue-green algae and spirulina
- Contains alkaline-forming properties that help balance pH*

CARDIO FORMULA

PRIMARY SUPPORT: Heart Health

SECONDARY SUPPORT: Antioxidant

Basic heart-healthy formula that helps the body deliver nutrients and carry away waste*

rdio Formula

416

- Features a proprietary nutritional formula to support the body's cardiovascular and circulatory systems*
- Contains natural berry and spice powders to promote healthy heart function*

GENERAL HEALTH & WELLNESS



CHOICE 50[®]

PRIMARY SUPPORT: Antioxidant

SECONDARY SUPPORT: Immune System, Healthy Aging, Heart Health, Skin Health, Overall Wellness

Superior blend of antioxidants that promote healthy aging benefits*

- Includes a blend of potent antioxidants
- Supports cardiovascular and circulatory system health*
- Provides additional support for joint, muscle, brain, and eye health*

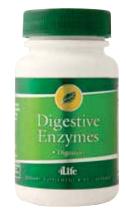


CM SUPER™

PRIMARY SUPPORT: Joint & Bone Health

Calcium and magnesium support for healthy bone metabolism and structural system health*

- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health*
- Contains vital ingredients to support bone growth in people of all ages*



DIGESTIVE ENZYMES

PRIMARY SUPPORT: Digestive Health

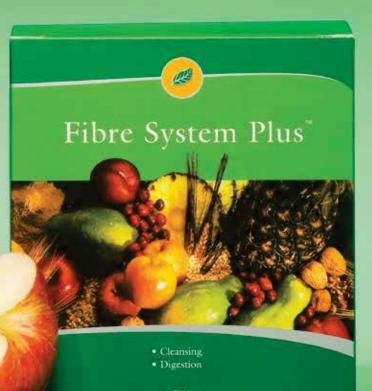
Complete digestive enzyme solution for all your digestive health needs*

- Supports healthy digestion of food*
- Reduces intestinal discomfort associated with food consumption*
- Supports overall digestive health*

FIBRE SYSTEM PLUS[™] PRIMARY SUPPORT: Cleansing & Detox SECONDARY SUPPORT: Digestive Health, Weight Management

This 4Life top-seller is a 10-day gastrointestinal cleanse

- Contains 24 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification*
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen*
- Contains key ingredients such as cascara sagrada, frangula, prunes, pineapple, papain, and bromelain



aLife

Fibro AMJ

Alle

FIBRO AMJ® DAY-TIME FORMULA

PRIMARY SUPPORT: Joint & Bone Health

Scientifically-advanced support for structural and nervous system health*

- Contains powerful metabolites—magnesium and malic acid—essential to energy production*
- Includes Glucosamine hydrochloride and Methylsulfonylmethane (MSM) for joint support*
- Includes boswellia serrata for additional support*

SEE PAGE 35 FOR SLEEPRITE AMJ[™]

GENERAL HEALTH & WELLNESS



FEMRITE®

PRIMARY SUPPORT: Skin Health

FemRite® is a unique cream formulated especially for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract

- Includes cucumber extract and aloe
- Includes wild yam extract



FLEX4LIFE®

PRIMARY SUPPORT: Joint & Bone Health

SECONDARY SUPPORT: Antioxidant

Capsules with nutrients designed to lubricate joints and support a full range of motion*

- Provides an upgraded formula with powerful support for muscles and joint lubrication*
- Includes glucosamine hydrochloride to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid*
- Includes chondroitin sulfate to support cartilage elasticity and joint viscosity*

Product information pertains to capsule product only



GURMAR

PRIMARY SUPPORT: Glucose Metabolism

SECONDARY SUPPORT: Weight Management Contains ancient Indian herb famous for helping maintain healthy glucose levels*

- Supports the endocrine system to balance glucose in the body*
- Helps maintain healthy glucose levels*



IMMUNE FORMULA

PRIMARY SUPPORT: Immune System

SECONDARY SUPPORT: Wellness

A basic formula to provide nutrients that support immune system function all year round*

 Contains echinacea, astragalus, and schisandra for added support*



INNER SUN®

PRIMARY SUPPORT: Sleep, Mood, & Stress

Proprietary formula designed to promote positive mood and healthy energy levels*

- Features a blend of St. John's Wort, chamomile, rosemary, and hawthorn to promote positive mood*
- Includes potent B-vitamin complex to support healthy energy levels*



LIFE C[®] CHEWABLE

PRIMARY SUPPORT: Antioxidant, Multivitamin & Mineral SECONDARY SUPPORT: Immune System Proprietary blend of vitamin C for enhanced absorption and antioxidant support*

- Provides seven active forms of natural vitamin C*
- Uses varied forms to provide antioxidant protection*
- Supports the healthy function of multiple body systems*

GENERAL HEALTH & WELLNESS



MALE FORMULA

PRIMARY SUPPORT: Male Support

Basic prostate and hormonal support combined with the protection of potent antioxidants*

- Combines broccoli powder extract with Korean ginseng to support healthy sexual function, energy levels, and strength *
- Contains saw palmetto to promote prostate health, urinary health, and energy levels*
- Includes selenium for antioxidant support*



MULTIPLEX[™]

PRIMARY SUPPORT: Multivitamin & Mineral, Overall Wellness

- Basic daily dose of fundamental vitamins and minerals
- Features essential vitamins and minerals for general health and wellness*
- Contains herbal extracts and citrus bioflavonoids to boost energy levels*



MUSCULOSKELETAL FORMULA™

PRIMARY SUPPORT: Joint & Bone Health

Herbal support for bones, joints, and muscles*

- Contains key ingredients that support muscle repair*
- Includes ingredients for soft tissue support of overworked muscles, tendons, ligaments, and nerves*



- PRIMARY SUPPORT: Cleansing & Detox
- Supports healthy liver function*
- Includes milk thistle, known to support healthy liver function*
- Contains red clover and artichoke to aid in detoxification and liver strength*
- Provides antioxidant support through N-Acetyl L-Cysteine*



PHYTOLAX®

PRIMARY SUPPORT: Cleansing & Detox SECONDARY SUPPORT: Digestive Health

- An effective herbal laxative*
- Includes black walnut and buckthorn to promote healthy regularity and elimination*
- Contains herbs such as cascara sagrada and ginger to safely activate digestive elimination*

GENERAL HEALTH & WELLNESS



PBGS+®

PRIMARY SUPPORT: Antioxidant

SECONDARY SUPPORT: Immune System, Healthy Aging Antioxidant formula that combines the power of pinebark and grapeseed extracts*

- Includes pinebark and grapeseed extracts
- Helps neutralize cells from the aging effects of free-radicals*
- Promotes healthy circulation*



SLEEPRITE AMJ[™]

PRIMARY SUPPORT: Sleep, Mood, & Stress

SECONDARY SUPPORT: Joint & Bone Health

Proprietary blend of natural ingredients for a restful night sleep*

- Combines melatonin, a proven alternative to naturally aid sleep, with 5-Hydroxytryptophan, vitamin B6, and a proprietary blend of herbs*
- \bullet Supports healthy sleep patterns to help your body function at its best \star
- Supplies important nutrients that support healthy muscles, bones, and joints*

See page 32 for Fibro AMJ® Day-Time Formula



STRESS FORMULA

PRIMARY SUPPORT: Sleep, Mood, & Stress

A calming herbal formula to help balance daily stress*

- Combines chamomile and valerian root to support a calm nervous system and manage anxiety and tension*
- Supports balanced autonomic, sensory, and motor functions*
- Includes peppermint to soothe stomach discomfort that may be associated with stress*

TEA4LIFE®

PRIMARY SUPPORT: Cleansing & Detox

SECONDARY SUPPORT: Digestive Health

Natural cleansing tea for intestinal maintenance and to support regularity*

- Features herbs to support colon health*
- Provides an herbal alternative for healthy digestive cleansing*
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners



ANIMAL HEALTH 4LIFE®

WELLNESS SUPPORT FOR THE BEST FRIENDS IN YOUR LIFE



4LIFE TRANSFER FACTOR® CAT SOFT CHEWS

A tasty treat for cats of every size, with UltraFactor XF^* and OvoFactor * and other key nutrients

- Complements your cat's daily nutritional diet for just about \$1 a day
- Low in calories
- Re-sealable packaging to maintain freshness

4LIFE TRANSFER FACTOR® DOG SOFT CHEWS

A tasty treat for dogs of every size, with UltraFactor XF $^{\rm \tiny M}$ and OvoFactor $^{\rm \tiny M}$ and other key nutrients

- Provides a reward for your dog's good behavior
- Low in calories
- Re-sealable packaging to maintain freshness



ANIMAL HEALTH



4LIFE TRANSFER FACTOR[®] ANIMAL STRESS PACK[™]

Super serving of UltraFactor XF[™] and OvoFactor[™] and other nutrients for all animals in times of stress, performance, or travel

- Features high levels of 4Life Transfer Factor®
- Supports animal health through times of stress with additional electrolytes, probiotics, and other critical nutrients
- Developed by veterinarians and nutritional scientists



4LIFE TRANSFER FACTOR® CANINE COMPLETE®

Comprehensive daily nutritional support with UltraFactor $XF^{{}^{_{\rm M}}}$ and OvoFactor ${}^{^{_{\rm M}}}$

- Features 4Life Transfer Factor®
- Supports canine wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
- Developed by veterinarians and nutritional scientists



4LIFE TRANSFER FACTOR® FELINE COMPLETE®

Comprehensive daily nutritional support with UltraFactor $XF^{{}^{\rm M}}$ and OvoFactor ${}^{\rm T}$

- Features 4Life Transfer Factor®
- Supports feline wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
- Developed by veterinarians and nutritional scientists



4LIFE TRANSFER FACTOR® PERFORMANCE & SHOW[™]

Comprehensive daily nutritional support for all horses with UltraFactor XF™ and OvoFactor™

- Features 4Life Transfer Factor®
- Provides nutritional support for healthy joints, strong bones, and a glearning coat
- Contains balanced ratios of minerals, trace minerals, vitamins, probiotics, amino acids, and essential fatty acids
- Developed by veterinarians and nutritional scientists



4LIFE TRANSFER FACTOR[®] LIVESTOCK STRESS FORMULA[™]

Super serving of UltraFactor XF™ and OvoFactor™ and other nutrients for livestock in times of stress or illness

- Features high levels of 4Life Transfer Factor®
- Supports livestock health through acute stress situations with added vitamins, minerals, electrolytes, probiotics, and other essential nutrients
- Developed by veterinarians and nutritional scientists



4LIFE® PRODUCT INGREDIENT INDEX

4Life Transfer Factor® Tri-Factor® Formula: 4Life Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®).

4Life® Transfer Factor Plus® Tri-Factor® Formula: Zinc, 4Life® Tri-Factor® Formula (Ultrafactor XF®, Ovafactor®, and NanoFacto®), Cordyvant Proprietary Polysaccharide Complex (IP-6, Bsitosteral and other phytosterols, Cordyceps sinensis mycelium extract, Baker's Yeast extract, Agaricus blazeii Fuiting body extract, Aloe leaf gel extract, Oat seed extract, Olive leaf extract, Maitake fruiting body extract, Sody extract).

4Life Transfer Factor[®] Classic: UltraFactor XF™

4Life Transfer Factor® RivVida® Tri-Factor® Formula: Vitamin C, 4Life® Tri-Factor® Formula (UltraFactor XF[®], OvoFactor[®], and NanoFactor®), RivVida® Juce Blend (Apple, Purple Grape, Blueberry, Açai, Pomegranate, and Elderberry Juces from concentrate).

4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula: 4Life® Tri-Factor® Formula (Ultrafractor XF", Ovofractor", and NanoFactor®), RioVida® Juce Blend (Apple, Purple Grape, Blueberry, Aci, Pomegranate, and Elderberry juices from concentrate).

4Life Transfer Factor® RioVida Stix" Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor KF", OvoFactor®, and NanoFactor®), RioVida® Proprietary Blend (Açai, Blueberry and Elderberry fruit powder, Grape seed extract, and Pomegranate hull extract).

4Life Transfer Factor® Belle Vie®: 4Life® Tri-Factor® Formula (UltraFactor KF®, OvoFactor®, and NanoFacto®), Antioxidant Proprietary Blend (Green Tea leaf extract, Grape seed extract), Phytoestrogen Proprietary Blend (Flax seed extract, Kudzu root extract, Red Clover plant extract), Cruciferous Proprietary Blend (Broccoli, Cabbage, Kale, containing Indoles-3Carbinol, Diindoyl Methane, Ascorbigen, and other dietary indoles, Calcium d'Glucarate).

4Life Transfer® Cardio: Vitamin A, Vitamin C, Vitamin E, Niacin, Vitamin Bó, Folate, Vitamin B12, Magnesium, Zinc, Selenium, Copper, Potassium, OvoFactor[™], Proprietary Blend (Garlic bulb extract, Hawthorn leaf/flower extract, Butcher's Broom root extract, Red Rice Yeast extract, *Cinkgo biloba* leaf extract, Ginger Root Oil, Resveratrol, Conenzyme Q10).

4Life Transfer Factor® Chewable Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF[™], OvoFactor[™], and NanoFactor®).

4Life Transfer Factor® GluCoach®: Chromium, Alife Transfer Factor® Blend [Ultrafactor XF" and OvoFactor"], Vanadium, Alpha Lipoic Acid, Proprietary Blend (*Pterocarpus marsupium* heart wood extract, Gymnema leaf extract, Fenugreek seed extract, *Momordica charantia* fruit extract, Korean Ginseng root extract).

4Life® NanoFactor® Glutamine Prime®: L-Glutamine, Immune Energy Blend (L-Arginine, N-Acetyl L-Cysteine, Alpha Lipoic Acid, L-Alanyl-L- Glutamine, NanoFactor®).

4Life Transfer Factor® Immune Spray – Mint & Orange: Zinc, 4Life Transfer Factor® Blend (UltraFactor XF^{actor} and NanoFactor®), Proprietary Blend (Colloidal Silver, Marshmallow, Aloe, Lactoferrin).

4Life Transfer Factor[®] KBU[®]: 4Life[®] Tri-Factor[®] Formula (UltraFactor XF[™], OvoFactor[™], and NanoFactor[®]), Bladder Support Blend (Cranberry fruit) powder & extract, D-Mannose, Blueberry fruit, Itigoneherry fruit), Kidney Support Blend (IP-6, *Chanca Picatra* herb, Juniper berry, Dandelion leaf, Varuna stem bark extract), pH Balancing Blend (Apple cider vinegar, Sodium bicarbonete, Polassium bicarbonate, Calcium carbonate).

4Life Transfer Factor® Kids: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin Bó, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, 4Life Transfer Factor® Blend [Ultrafactor XF^{**} and OvoFactor^{**}].

4Life Transfer Factor® MalePro®: Zinc, Selenium, 4Life Transfer Factor® Blend [Ultrafactor XF" and OvoFactor"], Saw Palmetto fuit extract, lycopene, Proprietary Blend [Nettle root extract, Kudzu root extract, Say bean extract, Broccoli whole plant extract, Calcium D-Glucarate).

4Life Transfer Factor® ReCall®: Magnesium, 4Life® Tri-Factor® Formula (UltraFactor XF[™], OvoFactor[™], and NanoFactor[®]), Proprietary Blend (Soy Seed Extracts, Lemon Balm herb extract, Bacopa monnieri aerial parts extract, N-Acetyl L-Tyrosine, N-Acetyl L-Cysteine, Ginkgo biloba leaf extract, Huperzia serrata herb extract, Vinpocetine).

4Life Transfer Factor Renuvo™: 4Life® Tri-Factor® Formula (Ultrafactor XF[™], OvoFactor[™], and NanoFactor®), 4Life® Adaptogenics Blend (Rhaponticum carthamoids root extract, Schisandra chinensis firuit extract, Ashwagandha root extract, Turmeric rhizome extract, Resveratrol, Black Pepper fruit extract).

4Life Transfer Factor Vista[®]: Vitamin A, Vitamin C, Vitamin E, Zinc, Altie[®] Tri-Factor[®] Formula (UltraFactor XF[®], OvoFactor[®], and NanoFactor[®]), Lutein, Zeaxanthin, Ocular Health Proprietary Blend (Haematocccus pluvialis microalgae extract, Bilberry fruit extract, Spirulina microalgae, Citrus Bioflavonoids peel extract, Black Currant fruit extract, *Ginkgo biloba* leaf extract, Blackberry fruit extract, Ascobigen).

BioEFA" with CLA: Fish Oil Blend (containing 500 mg EPA and DHA), Plant Oil Blend (Flax seed oil (Alpha Linolenic Acid), Borage seed oil (Gamma Linolenic Acid), Safflower seed oil (Conjugated Linoleic Acid))

BioGenistein Ultra®: Hormone Balance Blend (Soy seed extract, Black Cohosh root extract, Dong Quai root extract, Choste Tree fruit extract, Turmeric root extract) Proprietary Female Blend (Magnolia bark extract, Eleuhiner root extract, Quercein, I-Theanine). Bountiful Harvest[®] Plus: Super Food Blend (Chia seed meal, Spirulina, Chlorella, Blue-Green Algae), Whole Food Nutrient Blend (Bell Pepper fruit, Spinach leaf, Buiterbur leaf extract, Acerola fruit, Pumpkin fruit, Carrot root, Cucumber fruit, Flax seed bran, Brown Rice seed flour, Asparagus shoots, Spearmint leaf, Peppermint leaf, Bladderwrack herb), pH Balancing Blend (Apple cider vinegar, Sodium bicarbonate, Potassium bicarbonate, Calcium carbonate).

Carb BLX[™]: Proprietary Blend (*Cassia nomame* whole herb extract, White Kidney bean extract, Green Tea leaf extract, Arabinose, Cocoa Almond seed blend, Jaborandi leaf extract).

Cardio Formula: Proprietary Blend (Bladderwrack whole plant, Hawthorn berry, Capsicum fruit, Turmeric rock, Motherwort aerial parts, Butcher's Broom root, Rosemary ledi, Cardio Proprietary Extract Blend (Hawthorn berry extract, Matherwort aerial parts extract, Turmeric root extract, Bladderwrack whole plant extract, Capsicum fruit extract, Milk Thistle seed extract, Rosemary ledi extract).

Catalyst[®] Plus: Chromium, Vanadium, Proprietary Blend (Gymnema Sylvestra leaf powder Alpha Lipoic Acid, *Momordica charantia* fruit extract, Banaba leaf extract).

ChitoLite®: Vitamin C, Proprietary Blend (Chitosan, Erythorbic Acid, Aloe ferox leaf).

Choice 50[®]: Vitamin C, Vitamin E, Proprietary Blend (Citrus Bioflavonoid fruit complex, Fo-Ti root, Grape seed extract, Turmeric root, Rutin, Milk Thistle fruit extract, Quercetin, Bilberry fruit extract, Resveratrol).

Citri-Shape[®]: Thiamin, Riboflavin, Niacin, Vitamin Bó, Folate, Vitamin B12, Biotin, Pantothenic Acid, Manganese, Chromium, *Garcinia* cambogia fruit extract.

CM Super™: Vitamin C, Vitamin D, Vitamin K, Vitamin B6, Calcium, Magnesium, Zinc, Copper, Manganese, Proprietary Blend (L-Lysine, Soy Lecithin, Horsetail aerial parts).

Digestive Enzymes: Propriety Enzyme Blend (Amylase, Protease 4.5, Glucosamylase, Acid maltase, agalactosidase, Pectinase, Cellulase, Peptidase, Protease 3.0, Bromelain, Lipase, Inverstase, Hemicellulase, B.Glucanase, Xylanase, Papain).

Energy Go Stix® – Berry & Citrus: 4Life Transfer Factor® Blend (Ultrafactor XF[®] and OvoFactor[®]), Amino Acid Blend (L'Glutamine, L'Arginine, Taurine, Creatine, L'Carnitine, L'Omithine, a-ketaglutarate), Proprietary Blend (Eleuthero root extract, Korean Ginseng plant extract, American Ginseng root extract), Herbal Energy Blend (Green Tea leaf extract, Yerba Mate leaf extract, Guarana root extract, Maca root extract, Modiola rosea root extract).

Fibre System Plus[™]: Fiber Blend (Psyllium husk, Rice seed bran, Apple fruit fiber, Slippery, Elm inner bark, Prune fruit, Marshmallow root, Locust bean gum, Xanthan gum), Cleansing Blend (Black Walnut hull, Cascara Sagrada bark, Genitian root, Licorice root, Buckthorn bark), Nutrition Blend (Cranberry fruit, Pineapple fruit, Papaya fruit, Sage leaf, Parsley aerial part, Irish Moss whole plant, Bee Pollen, Spirulina), Herbal Blend (Ginger root, Hops flower, Chamomile flower).

Fibro AMJ® Day-Time Formula: Vitamin Bó, Magnesium, Proprietary Joint Blend (Glucosamine Hydrochloride, Methylsulfonylmethane, Bovine Cartilage powder, Boswellia serrata tree resin extract, Bromelian, Devil's Claw root extract), Antioxidant Blend (Malic Acidd, N-Acetyl LCysteine, LCysteine, Grape seed extract, Alpha Lipoic Acid).

Flex4Life® (capsules): Joint Health Blend (Glucosamine Hydrochloride, Chrondottin Sulfate, Avocado fruit/Soy seed extract), Proprietary Blend (Devit): Claw Root Extract, Polyglyceryk-D Disterate, Glycerin, Cetyl Myristoleate, Avocado/Soy Unsaponifiables, Dimethyl Sulfone, Glucosamine Sulfate, Lecithin, Cetearyl Alcohol, Behenyl Alcohol, Menthol, Tocopheryl Acetate, Butylene Glycol, Willow bark extract, Devit's Claw root extract, Sunflower seed ail, Rosemary leaf extract, Capsicum Oleoresin extract, Benzyl Alcohol, Phenoxyethanol, Sadium Hyaluronate, Carbomer, Xanthan Gum, Sodium Hydroxide, Phytic Acid, and Hydrolyzed Collagen.

Gurmar: Gymnema leaf and Gymnema leaf extract.

Immune Formula: Proprietary Blend (Astragalus root, Echinacea herb, Shisandra fruit, Eleuthero root, Licorice root, Gotu Kola leaf and stem, Korean Ginseng root), Proprietary Extract Blend (Astragalus root extract, Licorice root extract, Korean ginseng root extract, Eleuthero root extract, Schisandra fruit extrat, Gotu Kola leaf and stem extract).

Inner Sun®: Thiamin, Riboflavin, Niacin, Vitamin Bó, Folic Acid, Vitamin B12, Biotin, Pantothenic Acid, Proprietary Blend (St. John's Wort aerial parts, Chamomile flower, Hawthorn berry, Choline, Hops flower, Rosemary leaf, Inositol, Para-Aminobenzoic Acid).

Life C[®]: Vitamin C (as Calcium Ascorbate, Ascorbic Acid, Dehydroascorbic Acid, Erythorbic Acid, Magnesium Ascorbate, Ascorbyl Palmitate, Ascorbigen).

Male Formula^{**}: Zinc, Selenium, Proprietary Blend (Tribulus terrestris whole plant extract, LArginine, Saw Palmetto berry extract, Broccoli stalks/florets extract, Korean Ginseng root extract, Pygeum africanum bark extract, Chrysin).

Metabolite": Proprietary Herbal Blend (Bladderwrack herb, Red Wheat seed bran, Hawaiian Spirulina, Sage leaf, Papaya fruit, Pineapple fruit, Buckthorn bark extract, Artichoke leaf).

MultiPlex^{**}: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Vitamin B12, Biotin, Pantohenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chronium, Proprietary Blend (Citrus Bioflavoncid fruit complex, Spirulina, para-aminobenzoic acid, Rose Hips fruit). MusculoSkeletal Formula: Proprietary Blend (Alfalfa aerial parts, Gotu Kola aerial parts, Devil's Claw root, Turmeric root, Ginger root, Saw Palmetro berry, Wild Yam root), Proprietary Extract Blend (Alfalfa juice extract, Devil's Claw root extract, Gotu Kola leaf extract, Ginger root extract, Saw Palmetro berry extract, Wild Yam root extract).

PBGS+®: Vitamin C, Proprietary Blend (Grape seed/skin extract, Cranberry fruit fiber, Citrus fruit extract, Green Tea leaf extract, Quercetin, Rutin, Acerola fruit fiber, Apple fruit fiber, Pine bark extract), NDS Digestive Enzyme Blend (Fungal Protease, Fungal Amylase, Fungal Lipase, Cellulase, Pectinase).

PhytoLax®: Proprietary Blend (Cascara Sagrada bark, Ginger root, Buckthorn bark extract, Parsley leaf, Xanthan gum, Black Walnut hull).

Probiotics: Probiotic Blend (Lactobacillus acidophilus, Bifidobacterium lactis (HNO19), Bifidobacterium longum (BLO5), Lactobacillus rhamnosus (LR32), Streptococcus thermophilus (ST21)).

ReZoom®: Thiamin, Riboflavin, Niacin, Vitamin Bó, Herbal Proprietary Blend (Yerba mate leaf extract, Aloe Vera leaf gel extract, *Echinacea purpurea* leaf extract, Eleuherococcus senticosus root extract, Korean Ginseng root extract).

RiteStart®: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin BO, Folate, Vitamin B1 2, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Mokybdenum, Boron, Vanadium, 4Lik® Transfer Factor Plus® Tri-Factor® Formula, BioEFA with CLA[™], Proprietary OPC Blend (Gropseed extract, Pinebark extract), Proprietary Antioxidant Blend (Rutin, Marigold petals extract, Green Tea leaf extract, Alpha Lipoic Acid, Coenzyme Q10, Bilberry fruit extract), Proprietary Support Blend (Glucosamine Hydrochloride, Calcium d'Glucarate, N-Acetyl LCysteine, Hydrolyzed Collagen powder, Ginkgo biloba leaf extract). RiteStart® Men also includes: Men's Health Blend (Tumeric roto extract, Bracciol Sprout extract, Tomato fruit extract, Women's Health Blend (Ipriflavone, Turmeric, Soya bean seed extract, Tumeric, Broccoli Sprout Extract, diindolylmethane).

Shape-Fast Ultra®: Niacin, Vitamin B6, Vitamin B12, Selenium, Chromium, Potossium, Shape-Fast Proprietary Blend (Guarana seed extract, Acety-H-Carnitine, Green Tea leaf extract, Caleus forskohlii root extract, White Willow bark, Coccar-Almond seed blend, Alpha Lipoic Acid, Cayenne fruit, UltraFactor X®, "OvoFactor", Panax ginseng root extract, Grugo biloba leaf extract).

SleepRite AMJ¹¹: Vitamin Bó, Sleep Blend (Valerian root extract, Hops flower, S-HTP, Chamomile flower, Melatonin), Repair Blend (Creatine monohydrate, N-Acetyl L-Cysteine, Grapeseed extract, Alpha Lipoic Acid).

Stress Formula: Proprietary Blend (Peppermint leaf, Chamomile flower, Passion Flower, Ginkgo biloba leaf, Linden flower, Lemon Balm leaf Valerian root), Stress Proprietary Extract Blend (Chamomile flower extract, Ginkgo biloba leaf extract, Hops flower extract, Peppermint leaf extract, Passion Flower herb extract, Valerian root extract).

Super Detox[®]: Detox Proprietary Blend (Red Clover flower tops, Milk Thistle fruit extract, Calcium d-Glucarate, Broccoli stalks/florets extract, Buplerum root, N-Acetyl L-Cysteine, Artichoke leaf).

Tea4Life[®]: Proprietary Blend (Senna leaf, Stevia leaf, Cinnamon bark, Buckthorn bark, Ginger root, Orange peel, Green Tea leaf, Echinacea leaf, Rooibos leaf, Astragalus root, Bitter Orange fruit).

enummi[®] Skin Recovery Supplement: Vitamin A, 4Life[®] Tri-Factor[®] Formula (UltraFactor K[®], OvoFactor[®], and NanoFactor[®]), Moisture Blend (Fish Collagen, L4ysine, Soy seed extract, Wheat seed extract), Skin Protection Blend (Pine bark extract, a-Lipoic acid, Mixed Carotenoids).

4LIFE FOOD INGREDIENT INDEX

NutraStart® Vanilla: Soy Protein Isolate, Whey Protein, Sunflower Oil Creamer, Polydextrose, Xylitol, Cacca powder, Malkadextrin, Fructose, Soy Fiber, Natural Cocca Flavors, Vitamin and Mineral Blend (Magnesium, Vitamin C, Copper, Vitamin E, Biotin, Niacin, Zinc, Vitamin A, Iron, Calcium, Pantothenic Acid, Vitamin B6, Thiamin, Riboflavin, Vitamin B12, Folic Acid, Potassium), Cellulose, Stevia Extract, Ultrafactor XF™, OvoFactor™, Salt, Silicon Dioxide and Dextrose.

NutraStart® Chocolate: Soy Protein Isolate, Whey Protein, Sunflower Oil Creamer, Polydaxtrose, Xylitol, Maltadaxtin, Natural Vanilla Cream Flavor, Fructose, Soy Fiber, Vitamin and Mineral Blend (Magnesium, Vitamin C, Copper, Vitamin E, Biotin, Niacin, Zinc, Vitamin A, Iron, Calcium Pantothenic Acid, Vitamin E, Vitamin Bó, Thiamine, Riboflavin, Vitamin B12, Folic Acid, Potassium), Cellulose, Stevia Leaf Extract, Ultrafactor XF^{ar}, OvoFactor^{ar}, and Salt.

Aloe Vera: Aloe Vera gel concentrate, Ascorbic Acid, Ethanol, Erythoribic acid, Sodium Benzoate, Potassium Sorbate, Monoglycerides.

Note: For an ingredient listing for 4Life Skin Care and 4Life Animal Health products, please go to www.4Life.com.







For more information about 4Life products and the 4Life opportunity, contact:

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